



## The 7 Laws of Magical Thinking: How Irrationality Makes Us Happy, Healthy, and Sane

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By Matthew Hutson

Oneworld Publications. Paperback. Book Condition: new. BRAND NEW, The 7 Laws of Magical Thinking: How Irrationality Makes Us Happy, Healthy, and Sane, Matthew Hutson, Everyone - even the most jaded and sceptical - believes in 'magic', in the form of luck, mind over matter, the power of similarities, jinxes, and destiny. In this wonderful exploration of psychology, Matthew Hutson takes us on a fascinating tour of magical thinking in everyday life, revealing the healing power of John Lennon's piano; the reason gamblers kiss their tickets; and why admitting you have no free will staves off addiction.



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